

Walking routes

Ribatejo is located in the heart of Portugal, some 50 km from Lisbon, and offers visitors excellent cuisine, good wines, rich heritage and typical Portuguese hospitality – all attractions that will guarantee memorable moments.

Boasting a mild climate and some 3,000 hours of sunshine per year, the region has a vast range of architectural heritage that is classified as being of national interest, with examples from many different historical periods.

Its natural heritage is perfect for leisure activities and for contemplating its diverse landscapes.

From the Aire and Candeeiros mountains to the north, to the vast floodplains of the Tagus to the south, there are various options for all those who like to combine discovering nature with open-air activities and moments of great excitement.

For those who like to hike, we suggest 11 walking routes that can offer you a pleasant week's holiday in touch with nature and the best that Ribatejo has to offer. Each trail can also be taken individually, according to your availability.



Walking Routes

Almeirim

RIBEIRA DE MUGE, A NATURAL TREASURE

Distance: 11.3 km; Duration: 4h

Degree of Difficulty: Easy

Alpiarça

THROUGH THE CAVALO DO SORRAIA RESERVE

Distance: 10.2 km; Duration: 3h;

Degree of Difficulty: Very Easy

Azambuja

CASTRO DE VILA NOVA DE SÃO PEDRO

Distance: 7.3 km; Duration: 3h;

Degree of Difficulty: Very Easy

Benavente

LEZÍRIAS ROUTE

Distance: 19.2 km; Duration: 5h;

Degree of Difficulty: Easy

Cartaxo

ALONGSIDE THE TAGUS

Distance: 14,6 km Round Trip; Duration: 3h;

Degree of Difficulty: Easy

Chamusca

FROM THE HEATH TO THE BANKS OF THE TAGUS

Distance: 10 km; Duration: 3h;

Degree of Difficulty: Easy

Coruche

ROUTES FROM THE VALLEY TO THE GROVE

Distance: 9.7 km; Duration: 3h;

Degree of Difficulty: Easy

Golegã

PAUL DO BOQUILOBO NATURE RESERVE

Distance: 9.9 km; Duration: 3h;

Degree of Difficulty: Easy

Rio Maior

SERRA DE AIRE E CANDEEIROS NATURE PARK

Distance: 4.5 km; Duration: 3h;

Degree of Difficulty: Difficult

A MATA NACIONAL DO ESCAROUPIM

ESCAROUPIM NATIONAL FOREST

Distance: 8.5 km; Duration: 3h;

Degree of Difficulty: Very Easy

Santarém

FROM THE SANTARÉM PLATEAU TO THE TAGUS RIVER

Distance: 6.2 km; Duration: 3h;

Degree of Difficulty: Moderate.



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